

Don't forget to eat your vegetables.

Inman Primary School Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2017

are Offered Daily on the Fruit & Vegetable Bar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Forse MyPlate.gov	Thought	29	30	Eat a Red Apple Day 1 Cheese Bread 3 Southern Chicken Biscuit 4 Yogurt Pak with Bagel 4 Garden Salad 5
4 French Toast Sticks Sausage Patty Buffalo Chicken Calzone Turkey BLT Wrap Breakfast Potatoes	5 Chicken Fajitas Hamburger on a Bun Golden French Fries Egg & Chicken Salad Slider Combo Cucumber Ranch Salad	6 Pasta with Meat Sauce French Bread Italian Turkey Panini Pretzel Bites w/Cheese Cubes Green Beans	HOM Clementine 7 Chicken Nugget Basket Whole Grain Dinner Roll Fish Sandwich on Ciabatta Basket Turkey Deli Sandwich Clementine Orange Golden French Fries	National Brownie Day 8 Hot Ham & Cheese Flatbread Inside Out Pot Pie Chicken Caesar Salad Garlic & Herb Broccoli Homemade Brownie Inside Brownie
11 Sweet & Sour Chicken Brown Rice Tex Mex Bowl Ham Deli Sandwich Green Peas	12 Chicken Patty on Whole Grain Bun Lasagna Cheesy Garlic Toast Chef Salad Caesar Salad	13 Soft Beef Tacos Lettuce, Tomato, Cheese Hotdog on a Bun Turkey Munchable Spicy Pinto Beans	HOM Mustard 14 Oven Roasted Chicken French Bread Italian Meatball Sub Turkey Deli Sub Sandwich Warm Potato Salad with Mustard Chocolate Chip Cookie	15 Cheese Pizza Hamburger on a Bun Crispy Chicken Salad Roasted Broccoli
18 Sloppy Joe on a Bun Turkey BLT Flatbread WG Chips, Salsa & Cheese Cubes Sweet Potato Fries Mini Rice Krispie Treat	19 Macaroni & Cheese Chicken and Cheese Quesadilla Turkey BLT Salad Green Beans	HOM Fingerling Potato 20 Crispy Chicken Tender Basket French Bread Fish Nugget Basket French Bread Chef Salad Garlic Parmesan Roasted Fingerling Potatoes	National Hamburger Day 21 Walking Taco Lettuce, Tomato, Cheese Cowboy BBQ Burger Turkey BLT Wrap Black Beans	22 Winter Break- No School
25 Winter Break- No School	26 Winter Break- No School	27 Winter Break- No School	28 Winter Break- No School	29 Winter Break- No School
PRICES Regular PK-3 \$2.55 Regular 4-12 \$2.70 Reduced \$0.40 Adult \$3.70 Milk \$0.45	HARVEST OF THE M	Milk choice of 1 is Entree Sala For ques Mindy	White, Skim or Chocolate Skim included with lunch. ds are served with Dinner Roll tions or comments, contact y Ribe at 712-621-0042 ail ribem@roschools.org	

Menus are subject to change without notice. This institution is an equal opportunity provider.